TERMS & CONDITIONS

I will comply with the following:

You must be 20 years of age on the day of the event to participate.

You may not deviate from the official route. Failure to comply with the rule will result in disqualification. The route will be marked with directional arrows and tape.

Competitor Withdrawal/Refund Policy

If for any reason after registration you wish to withdraw from the event Until 1/02/2016 - 50% refund. Until 1/04/2016 - 25% refund.

After 1/04/2016 no refunds will be given.

Competitors who do not attend the event will not receive any form of refund/credit. Race entries are not transferable between competitors without the organisers consent. You may NOT compete under someone else's number under any circumstances. This will invalidate insurances undertaken by the organisers to cover the event. Failure to comply with the rule will result in disqualification. If you do wish to transfer your entry with another participant you must inform the race organiser no less than 21 days before the event.

Entries on the day are subject to availability.

Bad Weather Cancellation Policy

The events will go ahead in all but the most severe conditions. The weather conditions are very much apart of the challenge and it is each person's responsibility to ensure they have the right experience, kit and clothing to deal with the weather conditions. If an event is cancelled or postponed by the organisers for whatever reason, your entry will be automatically transferred to a rescheduled date. This date will be decided by the organisers, High Terrain Events. Alternatively, if you are unable to make the rescheduled date your entry can be transferred to another selected High Terrain event.

Please Note: That in no circumstances will refunds of entry fees be made in the event of a postponement or cancellation.

If the event is postponed or cancelled due to low participant numbers then a full refund will be given.

High Terrain Events organisation reserves the right to terminate an individual's participation on health and safety grounds.

Safety-approved cycling helmets are compulsory. We recommend cycle helmets complying with ANSIZ90/4 or SNELL standards. Any rider not wearing helmet whilst participating on the event will be excluded.

Race Declaration

I declare that I will abide by the rules of the British Triathlon Federation. I understand & agree that I participate in the event entirely at my own risk & that the organisers, volunteers, partners & associates will be in no way liable for any loss, injury, damage,

claim or expense which may arise before, during or after the event regardless of the cause. I must ride safely with consideration for others. I also declare that the cycle I ride is well maintained & in good working order. I agree to the condition of my entry & agree to follow the instructions given by the organisers.

Competitor Responsibility Statement

"Participating in a triathlon/duathlon/aquathlon requires fitness and skill. I confirm that I have done sufficient training to ensure that I am fit enough to cope with the demands of this event and that my technical skills are adequate for the diverse requirements of the competition.

I accept that taking part in this event is by its nature hazardous and contains certain inherent risks including, but not limited to:

- Drowning during the swim section
- Suffering injury and damage arising out of a crash or collision during the cycle section
- • Suffering injury due to the actions of other competitors or spectators
- There are many other foreseeable risks to which I consent.
- I accept that I owe a significant duty of care to all other competitors, spectators and
 race officials. I will exercise all reasonable care to avoid causing death, injury or loss
 to any such persons and will indemnify the event organisers and British Triathlon from
 and against any liability found against them arising out of my negligent or reckless acts.
- I accept that in the event of my requiring medical attention during the event the
 medical personnel appointed by the event organiser take no responsibility for the
 treatment provided for any unreported existing condition which increases the risk of a
 medical emergency.
- I acknowledge that the event organiser has relied on this statement (in its entirety) in accepting my entry to the event and that if I was unable or unwilling to agree to all the matters set out above in this statement of responsibility the event organiser would not allow me to compete. All statements of fact are true."